

TINT BLEACHED HAIR BACK TO NATURAL  
(1/2" REGROWTH-DYE-BACK)

*State Board Procedure*

*Wash hands*

*Set up*

*Wash hands*

*Drape client (2)*

*Section for control*

*Apply protective cream*

*Put on gloves*

*Application started BACK CROWN or NAPE (use 1/8-1/4" subpartings)*

*Tint applied from Line of Demarcation up TO porous ends*

*Strand Test to check for proper coverage, then apply tint ON (thru) ends*

*AT EXAM: Combing hair to break Line of Demarcation is sufficient to demonstrate understanding of color's completion*

*Entire head must be soap capped to blend color*

*Shampoo/condition*

*Clean up*

TINT RETOUCH GOING LIGHTER  
State Board Procedure

Wash hands

Set up

Wash hands

Drape client (2)

Section into 4

Apply protective cream

Put on gloves

Apply to 1/2" regrowth

Test Strand

Break Line of Demarcation with comb

Shampoo/Condition

Clean up

## VIRGIN TINT TO LIGHTEN

### State Board Procedure

Wash hands

Set up

Wash hands

Drape client (2)

Section for control (4) and Analyze Scalp

Apply protective cream

Put on gloves

Application started where hair is darkest BACK CROWN of NAPE (1/8-1/4" S/P)

Apply product 1/2" Away from Scalp THRU ends

Test Strand for product development

Apply color to SCALP area when color has developed for last 5 min of processing time

Shampoo/Condition

Clean up

*VIRGIN TINT Going Darker  
State Board Procedure*

*Wash hands*

*Set up*

*Wash hands*

*Drape client (2)*

*Section for control (4) and Analyze Scalp*

*Apply protective cream*

*Put on gloves*

*Apply on scalp to end*

*Test Strand*

*Apply To ends*

*Shampoo/Condition*

*Clean up*

PRESS N CURL  
State Board Procedure

Wash hands

Set up

Wash hands

Drape client with CLOTH Cape (analyze scalp/hair)

Shampoo/Condition (NOT AT STATE BOARD)

Blow dry hair (NOT AT STATE BOARD)

Heat oven

Heat comb

Section into 4

Apply oil to entire head

Test pressing comb on Sanex

Press hair

Heat marcel

Test temperature on Sanex

Curl hair

Clean up

**SODIUM HYDROXIDE RELAXER**  
**CHEMICAL STRAIGHTENING**  
*State Board Procedure*

*Wash hands*

*Set up*

*Wash hands*

*Drape client (2)*

*Section for Control (4)*

*Apply Scalp protective base @ each 1/4" subparting and hairline, then PUT ON GLOVES*

*Apply Straightening cream where hair is most resistant (Back of Head, Nape, Crown)*

*Apply 1/2" from Scalp up TO porous ends*

*Then apply to scalp hair*

*Apply to ends last*

*Straightening Technique: light to moderate smoothing action. Use back of comb or scissor technique with fingers. Excess cream removed in this step must be reapplied. Hair Cannot be bunched, must remain smooth.*

**DO NOT COMB THRU WITH A COMB!**

*Rinse carefully*

*Neutralize*

*Use neutralizing Shampoo*

*Clean up*

**THIOGLYCOLIC RELAXER (SOFT PERM)  
SOFT CURL ON OVERLY CURLY HAIR  
State Board Procedure**

Wash hands

Set up

Wash hands

Drape client (2) / Section into 4

Apply Scalp Protective Base (Only Hairline @ Exam), then PUT ON GLOVES

Start at Back of Head, Nape or Crown

Apply thioglycolate on Scalp up TO porous ends (1")

Then Apply THRU ends

Comb entire head with WIDE-TOOTHED comb (comb 2 on top, 2 on bottom), then use SMALLER-TOOTHED comb (comb 1 on top, 1 on bottom)

Frequent Strand Tests to monitor curl relaxation.

When hair is supple and flexible, rinse with warm water (RINSING REQUIRED @ EXAM)

Rinse and BLOT DRY

Section in 8 or 9 (min 8 for EXAM)

Rod size must be twice the diameter of the original natural curl

Roll rods in uniform pattern

Apply cotton, Put on Gloves

Saturate with Thioglycolic Solution (restructure lotion) REMOVE COTTON when COMPLETE

Rinse, Blot Dry

Neutralize

Rinse, Unroll

## PERMING PROCEDURE

### State Board

Wash hands

Set up

Wash hands

Drape client (2)

Section into 9

Place rods

Apply protective cream

Apply cotton

Put on gloves

Apply solution

Remove cotton

Test curl

Rinse

Blot rods

Apply neutralizer

Rinse, unroll

Clean up

STATE BOARD SET  
State Board Procedure

Wash hands

Set up table

Wash hands

Wet hair/apply product

Comb hair back

Make side part

Make open end C shaping

Start ridgeline, continue around head

Place rollers (4) 1-overdirected, 1-on base, 1-half off base, 1 off base,  
then place 2 more rollers anywhere

Place 12 pincurls (6 forward, 6 reverse), 1-on base, 1-half off base, 1-off base

Place 3 stand up

Clean up

## HAIRCUT PROCEDURE

### State Board Procedure

Wash hands

Set up

Wash hands

Drape client (sanek)

Section into 4

Guideline must be established 1" ear-to-ear

½" or more must be cut off over the entire head. Haircut must be well-blended

Clean up

Wash hands

Note: Haircut procedure will require that Guideline is cut with a Razor and remainder is cut with scissors OR that Guideline is cut with scissors and remainder is cut with razor

*SCALP TREATMENT  
(SCIENTIFIC BRUSHING)  
State Board Procedure*

*Wash hands*

*Set up*

*Wash hands*

*Drape client*

*Analyze scalp*

*Section in 4*

*Roll brush-scalp thru ends, use 1/2" subpartings*

*Massage neck and shoulders, massage scalp (Remember rhythm, pattern and continuity) Each  
massage to be done 3x's ea*

*Shampoo/Condition*

*Clean up*

# MAKEUP PROCEDURE

## State Board Procedure

Wash hands

Set up

Wash hands

Drape client (Sanek, cloth cape)

Cleanse face

Apply astringent

Apply moisturizer

Apply foundation

Apply powder

Sharpen pencil

Apply eyebrow pencil

Sharpen pencil

Apply eyeshadow

Sharpen pencil

Apply eyeliner

Sharpen pencil

Apply mascara

Apply blush

Sharpen pencil

Apply lipliner

Sharpen pencil

Apply lipstick

Clean up

## FACIAL WITH A SCRUB

### State Board Procedure

Wash hands

Set up, check chair

Put booties on client

Wash hands

Drape a towel across chest

Cleanse lip and eye area (lips, corner inward/eyes, downward)

Cleanse face (upward motion)

Remove cleansing cream

Apply scrub

Remove scrub

Apply massage cream

Perform manipulations (rhythm, pattern, continuity) ea done 3x's ea type

Remove massage cream

Apply astringent

Clean up

**PLAIN FACIAL**  
*State Board Procedure*

*Wash hands*

*Set up, check chair*

*Wash hands*

*Place towel on client's chest*

*Cleanse lips and eye area (lips, corners inward/eyes, downward) Remove with tissue*

*Cleanse face, remove with tissue*

*Apply massage cream*

*Perform manipulations (rhythm, pattern, continuity) 3 types, 3x's ea*

*Remove massage cream*

*Apply astringent*

*Clean up*

## FACIAL WITH DERMAL LIGHTS

### State Board Procedure

Wash hands

Set up GET LAMP

Put booties on client

Wash hands

Drape towel across chest area and then place headwrap or towel at hairline

Apply cleansing cream

Remove lip and eye area first (lips, corners inward/eyes down and onto tissue)

Remove cleansing cream from face with tissue

Put on Eyepads (dampen cotton with small amt of water)

Apply Light on Face

Break the light with a pass of the hand (only Once at EXAM)

Set down lamp, go wash hands

Remove eyepads

Apply massage cream

Perform manipulations (rhythm, pattern, continuity) 3 different types, 3x's ea

Remove massage cream

Apply astringent

RED 24-30" 5 MIN. DRY SKIN(need oil and mask)

NOTES: DO NOT CHOOSE RED LAMP! WHITE 15" 10 MIN. NORMAL

BLUE 10" 5 MIN. OILY

**[www.eMVstyle.com/flashcards1.pdf](http://www.eMVstyle.com/flashcards1.pdf)**

## SILK PAPER WRAP APPLICATION

### *State Board Procedure*

*Wash hands*

*Set up*

*Wash hands*

*Remove polish/analyze nails*

*File nail, itch nail plate*

*Cut silk to nail shape*

*Apply glue to center of nail*

*Apply silk*

*Apply glue down center and spread side to side with orangewood stick*

*Pinch, twist, hold, then file off at free edge*

*Buff smooth, lightly*

*Wash client hands*

*Polish*

*Clean up*

## MANICURE (WATER or OIL)

### State Board Procedure

Wash hands

Set up

Wash hands and clients

Remove polish, analyze hands and nails

Shape nails on left hand (corners inward)

Soak left hand

Shape nails on right hand (corners inward)

Dry left hand

Soak right hand

Apply cuticle softener to left hand

Loosen cuticle on left hand

Nip cuticle

Dry right hand

Apply cuticle softener to right hand, loosen cuticle, nip cuticle

Apply cuticle oil to both hands

Apply lotion to hands and arms and massage (rhythm, pattern, continuity) 3 types, 3x's each

Scrub nails

Clean under free edge

Polish nails

Clean up

## NAIL TIP WITH ACRYLIC OVERLAY

### State Board Procedure

Wash hands

Set up table

Wash hands

Remove polish/analyze nails

Buff natural nail

Size tip

Apply glue to nail

Apply nail tip to natural nail

Buff

Apply primer

Apply powder/liquid mixture, then shape with brush and let set (dry)

File and shape

Buff nail smooth

Apply cuticle oil

Wash off excess oil

Polish

Clean up

## NAIL TIP (TEMPORARY)

### State Board Procedure

Wash hands

Set up

Wash hands

Remove polish/analyze nails

Buff natural nail

Size tip

Apply glue to nail

Apply nail tip to natural nail

Buff nail smooth (ridge on the tip where it lays on the natural nail)

Polish

Clean up

## PEDICURE PROCEDURE

### State Board Procedure

Wash and sanitize

Sanitize clients feet, perform visual exam

Remove polish, analyze nails

Soak and dry feet

Trim and file nails on left foot

Apply cuticle remover cream

Push back cuticles

Apply sloughing lotion and massage to remove dead skin cells

Repeat trimming, filing and cuticle care on other foot

Soak and scrub both feet with brush to remove debris

Dry thoroughly

Massage with lotion (leg and foot)

Remove excess lotion from nail surface

Apply powder and toe separators

Apply base coat

Apply 2 coats of polish

Apply top coat, then quick dry product

Allow dry time

Remove separators

Clean up

**WAXING PROCEDURE**  
*State Board Procedure*

*Wash hands*

*Set up, check chair*

*Wash hands*

*Drape client*

*Apply eyepads*

*Cleanse eyebrow area*

*Apply powder*

*Test temperature of wax on your inner wrist, discard applicator*

*Spread wax in direction of hair growth*

*Place muslin strip*

*Pull against hair growth*

*Massage treated area immediately after or apply pressure*

*Apply antiseptic to treated area*

*Clean up*

## DISINFECTION PROCEDURE

### *State Board Procedure*

*Clean debris from tools over trash can*

*Wash in soap and water*

*Rinse*

*Pat dry*

*Immerse in QUATS according to Manufacturers directions (10 min)*

*Remove with tongs or gloves*

*Rinse*

*Completely dry*

*Place in closed, disinfected, labeled container*

## PREDISPOSITION TEST (PD TEST)

### State Board Procedure

Before application of ANY chemicals, thorough analysis of hair for presence of metallic salts is MANDATORY. Only if reaction is NEGATIVE may product be used!

Wash hands

Set up

Wash hands

Drape client (2)

Cleanse quarter size area behind ear or inner elbow with water on cotton ball or swab

Area should air dry

Mix product in correct proportions according to Manufacturer

Apply to test area with sterile swab

Apply sufficient amount effective for testing

Leave uncovered and undisturbed for 24 hrs. DO NOT wash off

In 24 hrs, examine area. Any swelling, burning, itching, redness or inflammation, client may be ALLERGIC and UNABLE to receive ANALINE DERIVATIVE application. This is a positive reaction!

## *COLOR RHYME*

*Dark in ON (the scalp)*

*Light if OFF (the scalp)*

*Dark is TO (the ends)*

*Light is THRU (the ends)*

*Dark is FRONT (start application)*

*Light is BACK (start application)*

*EXCEPT for TINT BACK TO NATURAL*

*COLOR BALANCING*  
*(COMPLIMENTARY COLORS CANCEL, NEUTRALIZE)*

*RED/GREEN*  
*PURPLE/YELLOW*  
*ORANGE/BLUE*

*Use term Warm for Orange*  
*Use term Drab Out for Green*

## COLOR THEORY

What is natural level? (1-10) 1 is black, 10 is blonde

What is underlying target level?

What is underlying pigment?

How much gray? Gray-always use 20 v

Color does not remove color

All hair lifts warm

6.5-7.5 pH of color

Warm: color of sun

Cool: color of night sky

Lift means lighter

Developer means peroxide

10v Lifts one level or to go darker

20v lifts two levels

30v lifts three levels

40v lifts four levels

SEMI (4-6 Shampoos), one bottle, no mix

DEMI (4-6 wks), mix 2 things, 10v or <

PRMNT(stays), mix 2 things

TEMP(washes out), one bottle

HI\*Lites 2 to 1 formula, 1 pt color-2pt  
peroxide

SEMI/DEMI only Deposit

PRMNT (oxidative w/ ammonia)

Hydrogen Peroxide is developer or  
oxidizing agent (H<sub>2</sub>O<sub>2</sub>)

Powder Bleach is off the scalp

## pH SCALE

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14  
|----- ACID -----| |----- ALKALINE -----|  
Constrict Cuticle Swell Cuticle

more (+) Hydrogen Ions  
H<sup>+</sup>

more (-) Hydroxide Ions  
OH<sup>-</sup>

pH Scale is Logarithmic. Each step increases X's 10